

# Advancing Dementia Care for Community Professionals

*A Masterclass for Healthcare & Allied Health Professionals*

**Enhance your approach to dementia care with practical, person-centred strategies for real-world practice.**



## Course Overview

Supporting people living with dementia in the community requires more than clinical knowledge - it demands insight, empathy, and practical strategies to respond to complex and changing needs. This interactive Masterclass deepens understanding of dementia while equipping participants with practical approaches to support individuals and their care partners. Gain valuable insights into personhood, and explore the relationship between dementia, delirium, and depression through real-world applications.

## What You Will Learn

- Understand the practical implications of different types of dementia, including Alzheimer's disease, vascular dementia, and dementia with Lewy bodies
- Recognise and manage delirium in people living with dementia, including identifying different presentations and treatment approaches
- Identify signs of depression in older adults and apply strategies to support those living with dementia
- Apply the Newcastle Model to understand unmet needs and respond effectively to behaviours
- Use reflective frameworks (Gibbs' and Johns' models) to enhance professional practice

## Who Should Join

This Masterclass is suitable for professionals who support older adults in community or healthcare settings, including:

- Nurses
- Social Workers
- Occupational Therapists
- Physiotherapists
- Allied Health Professionals
- Community care professionals working with people living with dementia


## Meet the Trainer





**Dr Jane Murray**  
Assistant Professor  
Northumbria University  
(Nursing, Midwifery & Health)

Dr Jane Murray is an Assistant Professor at Northumbria University with over 30 years of experience as a Mental Health Nurse specialising in the care of older persons, particularly those with dementia. She currently leads a Bachelor of Science Nursing programme in Singapore and She is a registered teacher and has specialist practitioner status (older persons mental health) from the Nursing and Midwifery Council, as well as registration with the Singapore Nursing Board. Dr Murray has extensive international teaching experience across Asia and is actively engaged in research focused on dementia care and improving outcomes for older adults and their families.

## Course Details

 **Date:** 25 August & 1 September 2026 (Tuesday)

 **Time:** 9.00am - 5.30pm

 **Venue:** Kaplan City Campus @ Odeon 331, The Nexus, Level 9,  
331 North Bridge Road, Singapore 188720

 **Course Fee:** \$1,308 (Nett Course Fee)

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*Community Care Organisations can select to seek reimbursement from the Community Care Training Grant (CCTG) subject to CCTG's prevailing conditions.*

**CLICK HERE FOR MORE INFORMATION ON CCTG GRANT**

*Registered Nurses will be awarded **8 CPE points** upon completion of the course.*

## Ready to Join?



Limited seats available. Registration closes on **31 July 2026**, or earlier once capacity is reached.

**Scan the QR code to secure your place today.**

For enquiries:

 9656 8273 |  [hmta@tsaofoundation.org](mailto:hmta@tsaofoundation.org)

<https://bit.ly/adv-dementia-2026>

## TRAINING SCHEDULE

DAY ONE	25 AUGUST 2026
9.00am – 12.00pm <i>*Includes a break</i>	Dementia: Explores Alzheimer’s Disease, Vascular Dementia, and Dementia with Lewy bodies. This session examines how underlying physiology influences presentation and challenges, and discusses strategies for meeting individual needs through a multidisciplinary approach.
12.00pm – 1.00pm	Lunch
1.00pm – 2.30pm	Delirium: Explores subtle presentations, distinguishes delirium from dementia, and outlines strategies to address fluctuating needs while supporting and educating caregivers.
2.30pm – 4.00pm	Depression in the older person. How is it different in older people and people with dementia. How to recognise it, assess it and what to do about it, including looking at the implications for sleep.
4.00pm – 5.00pm	An introduction to Personhood. A demonstration of the book case concept and the Gladys Wilson video.
5.00pm – 5.30pm	Q & A and group reflection
DAY TWO	1 SEPTEMBER 2026
9.00am – 12.00pm <i>*Includes a break</i>	<b>Personhood and it’s role in relationship centred care</b>  This session deepens understanding of personhood and its importance in meeting the needs of people with dementia and their care partners, using reflective tools such as one-page biographies to encourage seeing the person beyond the condition. It also introduces the Newcastle Model to help participants reframe behaviours as expressions of unmet needs and develop practical strategies to address underlying causes more effectively.
12.00pm – 1.00pm	Lunch
1.00pm – 4.00pm	Case Studies: Provides opportunities to explore a range of case studies, share real-world experiences, and collaboratively address practice challenges, including those arising from implementing new approaches to care.
4.00pm – 5.30pm	Reflection and Consolidation: Introduces Gibbs’ and Johns’ reflective models and supports participants in structured reflection to develop an action plan for enhancing their own practice.